



To help you to prepare for your stay in Brighton, we have put together a 'cost of living' guide. This should help you to estimate how much money you will need to bring to England with you. We look forward to welcoming you to St Giles Brighton!

Entertainment/Social Programme

St Giles Brighton offers a social programme to help you make the most of your time in the UK. Some activities, such as a film night and games night are free. Others will have a small charge, such as bowling, cinema or cream tea. You can also go on weekend excursions.

A guide is included below. If you take part in one weekend excursion and 3 evening activities a week (where some are free) you should expect to spend about £70 (not including drinks at a pub night).

Activity	Price
Swimming / gym	£5.10 - £15.00
Bowling	£7.15 per game
Cinema	£10.00 - £14.00*
Entry into a nightclub	Free - £20.00**
Day excursion on social programme	From £45.00 to £85.00
Drinks at a pub (pub nights)	Price
Glass of wine	£5 +
Pint of beer	£5 +

* Discounts may be available with your student card

** Some nightclubs offer discounted nights especially for students during the week.

Eating and Drinking

If you have booked half-board accommodation, we recommend that you allow about £10 for extra food, snacks and drinks during the day.

St Giles Café

Students can buy lunch at our on-site café and can expect to pay the following:

Item	Price
Croissants and Cake	£1.50 +
Sandwiches	£4.00
Fruit	£0.80
Chocolate bar/crisps	£1.00 +
Hot Drinks	£1.50
Soft Drinks	£1.50

Cafés in Brighton

Please be advised that the following prices may vary depending on the place of purchase. D

Item	Price
Hot Drinks	£2.50 - £5.00
Soft Drinks	£1.50 - £5.00
Sandwich	£3.00 - £6.00
Soup	£4.50 - £6.00
Pizza	£8.00 - £15.00
Salad	£5.00 - £12.00
Burger and Chips	£8.00 - £13.00
A Big Mac meal	£4.69 medium £5.09 Large

Supermarkets / Grocery shops

Item	Price
Sandwich	£2.00 - £4.00
Can of Coke	£0.60 - £1.50
Fruit	£0.20 - £2.50
Crisps	£0.80 - £1.00
Salad	£2.00 - £5.00
Bottle of wine	£7.00 +

Restaurant prices / Evening meals

Item	Price
Budget restaurant meal	£7.00 - £10.00
Standard restaurant meal	£10.00 - £20.00
Exclusive restaurant meal	£30.00 +
Budget restaurant meal + wine	£20.00 - £30.00
Standard restaurant meal + wine	£30.00 - £40.00
Exclusive restaurant meal + wine	£50.00 +

Shopping

Below are some common items you may need to buy during your stay here and the prices for them you can expect to pay.

Item	Price
Inland stamp (first class)	£1.65
Stamp for a letter in Europe	£1.70*
4 AA batteries	£4.00 +
20 cigarettes (main brand)	£10.00 +
Toothbrush	£1.00 - £3.00
Toothpaste	£1.00 - £3.50
Shower gel	£1.50 +
Shampoo	£1.00 - £3.00
Packet of washing powder	£4.00 - £8.00

(We suggest that you buy some of these things at Poundland – a discount shop)

NB. Postage prices may change in April 2025

Public transport

Here are some guide prices for travelling in and around Brighton.

Bus

Item	Price
Single journey	£2.00
1 Day Saver Ticket	£5.00
Bus pass	£25.00 adult per week £19.10 per week with student discount £96.20 per month £67.35 per week with student discount
Day return to London	£13.00 - £28.00
Single to or from Gatwick Airport	£5 - £14
Single to or from Heathrow Airport	£30

Train

1 day Travelcard to London	£25-37 Off-Peak £49.50 - £56.20 Peak
Single to or from Gatwick Airport	£10.50 - £14.00
Single to or from Heathrow Airport (change trains twice)	£36.60

Brighton Bus tickets are cheaper if purchased online at www.buses.co.uk, you can also download the Brighton bus app from the app store or google play.

If you think you will travel a lot by train, you may like to get a railcard. A Young Persons Railcard available to students aged 16-25 for £30, offering 1/3 discount on Off-Peak rail fares (some students aged over 25 may also be eligible).

Course Books

Course books start from £30. The number of books you need will depend on your own progress. You will usually need a new book each time you change your class; this may be about every 8-12 weeks depending on your personal progress.

You may also want to buy additional self-study materials to help you during your stay and a grammar books costs around £27.

Examination Fees

If you would like to take an examination during your stay with us, you will need to pay extra for the examination. You can arrange to take the following examinations at St Giles Brighton:

Examination	Fees
FCE	£190
CAE	£195
CPE	£200

*You can book the Cambridge examinations and IELTS examinations through St Giles. TOEIC is not currently offered in the UK. If you wish to book a TOEFL examination you should do direct on the internet. Our office staff can tell you the website address.